

Articles

Print

- [covid-19](#)
- [coronavirus](#)

Third Age Trust CEO Sam Mauger and Chair Ian McCannah said, "Thank you to all U3As for your support and advice over this changing period of time. In line with the government communications strategy, the Third Age Trust will be putting out regular bulletins on our website and regular mailings to U3A committees.

We continue to follow the government and NHS advice on coronavirus. As of 16th March, that advice has changed.

The advice is that from now on everyone should stop non-essential contact with others and adopt social distancing. People in 'at risk groups' are to be shielded from social contact for 12 weeks. People who should take particular care to minimise social contact are, among others, people over the age of 70.

Many U3As have asked us whether to postpone their monthly meetings and Interest Groups. Our advice is to follow the government guidance which is now asking the population to avoid unnecessary contact. The Trust has taken the step of postponing its large events and meetings.

U3A committees and individual members are coming up with really creative ways to keep in touch with each other and stay connected. We will be sharing all these ideas, and will continue to do so, in the coming days and weeks.

We intend to issue regular bulletins – so please keep checking the website. We will put out regular mailings to committees. We will also keep in touch through the national newsletter and newsletter express, where appropriate.

We would encourage all your U3A colleagues and members to sign up directly to the national newsletter. The national newsletter will allow us to disseminate advice and information quickly to all U3A members.

U3A is an amazing community and we want to encourage members to share their creativity and ideas with us to help support each other over the coming months, and in particular those who will be facing increased isolation and loneliness."