

**Mid-Bucks (Aylesbury) U3A [www.u3a.co](http://www.u3a.co)  
Information Sheet for March 2020**

**Meeting at the Community Centre on 19<sup>th</sup> March at  
Prebendal Avenue, 1.30 for 2.00 p.m. is cancelled!**

**Editor: Dave Rogers Email [editor@u3a.co](mailto:editor@u3a.co)**

## **Coronavirus Advice**

### **How is coronavirus spread?**

Like the common cold, coronavirus infection usually occurs through close contact with a person with novel coronavirus via a cough and sneezes or hand contact. You can also be infected by touching contaminated surfaces if you do not wash your hands.

**The main symptoms of coronavirus are; a cough; a high temperature and shortness of breath.**

### **How to avoid catching or spreading germs?**

#### **DO:**

- **Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.**
- **Put used tissues in the bin straight away.**
- **Wash your hands with soap and water often – use hand sanitiser gel if soap and water are not available.**
- **Try to avoid close contact with people who are unwell.**

#### **DON'T**

- **Do not touch your eyes, nose or mouth if your hands are not clean.**

# Coronavirus

The detail on the previous page was advice from the Third Age Trust sent to us on 3<sup>rd</sup> March 2020 but matters have moved swiftly on since then. As many of you will have heard, by email or word of mouth, it is with regret that we have had to bow to the inevitable and suspend much of the U3A activity, due to the current health issues.

The next monthly general meeting due on Thursday 19<sup>th</sup> of March has been cancelled, as has the coffee morning on Tuesday 7<sup>th</sup> of April and the trip to Arundel on 23<sup>rd</sup> April. Recommencement dates for these meetings / trips will be announced via email and on the website.

All other group activities will be at the discretion of the individual group leader(s). Detail is in this monthly newsletter (distributed by email) and on the website. I strongly suggest that you contact the group leaders / other U3As direct for the latest information as circumstances may change.

**It would be appreciated if you could spread the basic message around all your U3A friends to make sure that all members are aware of the position.**

Until the situation improves, we are unlikely to be able to hold an Annual General Meeting – the current committee will remain in post until then. Please contact me, or any other committee member, via the information on your membership card, should you have any queries or issues.

Simon Reeks (Chairman)

## News from the Groups

### Book Club

Carolynne McKee (01296 435096)

The next meeting is due on 22<sup>nd</sup> April at 14 Waxwing Close, Watermead. BUT due to the ever-changing circumstances surrounding the coronavirus pandemic a decision as to whether to meet or cancel will be made nearer the time. The March meeting was cancelled because of Coronavirus so we still have not discussed the last two books we have read, but for your information the next read we have

planned is 'The Tattooist of Auschwitz' by Heather Morris.

### Bridge Club

Val Doherty (01296 481331)

The next meeting is Tuesday 31<sup>st</sup> March 2020. Place of Play will be notified to members. New members urgently required. **We will teach you.**

### Discussion Group

**Elaine Turner (01296 582754)**

There will be no meeting until further notice due to the current health issues.

### Facebook Group

**April Smart (07816295223)**

We now have our own Facebook group where we can make announcements, discuss recent or planned events and generally socialise. Membership is only open to members of Mid-Bucks (Aylesbury) U3A and is completely voluntary. It will not supersede the newsletter or website which will continue as normal. To see the group, just search for Mid-Bucks (Aylesbury) U3A in Facebook. You will need to answer 3 simple questions to join.

### Family History Group

**April Smart (07816295223)**

Our meetings are held on the first and third Wednesday of the month. We meet from 2.00-4.00 at 22 Neyland Drive, Meadowcroft, Aylesbury HP19 9SA. Bring your notes, old family photos and certificates if you have any, laptops, tablets (free wifi available) etc. Between us we currently have membership of Ancestry and Find My Past which we can consult during meetings.

### Food & Drink

**Ceinwyne Jones (01296 613172)**

We had a very enjoyable lunch at Hartwell house in March, but have decided not to have lunch until after Easter.

### Gadget Group

**Simon Reeks (01296 482735)**

Have a word with me if you have any issues / questions about modern electronics - PCs, laptops, printers, mobile phones, TVs, SatNavs etc. - essentially anything except Apple products. I can either arrange a group meeting where there is demand or simply arrange to get together on a one to one basis.

### Gardening Group

**Pat Pickering (01296 336161)**

Our April outing will be to Jean & Peter Blocks garden "Patchwork" 22 Hall Park

Gate, Berkhamstead HP4 2NJ meet up at 2pm on **Tuesday 14th April**. The May garden visit will be on **Tuesday 12th May** 2pm and we will be visiting Kindsgbridge Farm, Steeple Claydon, MK182EJ. It is a 6 acre garden and the cost will be £11.50 this is to include a Cream Tea and we need a group of 15 or more or the cost will rise to £12. If it is a sunny day, I am sure the visit will be well worth the cost. Please start to nurture any plants which you can let us sell on our May Plant stall. Due to the cancellation of Thursdays U3A meeting and the continuing worry regarding Coronavirus, Pat will be contacting garden owners, who she has already booked with for April and May to ask if they are still happy with our group visiting their gardens. Pat will contact Garden Group members by email to update them as to whether we will be visiting these gardens or not as soon as she has that information.

### Geography Group

**Wendy & Malcolm Russell (01844 208767)**

The April Meeting is cancelled due to current health issues. However **Good News** - David Mummery has volunteered to organise Geography Group Meetings when the new season starts in September 2020.

### Local History

**Jasmine & Simon Reeks (01296482735)**

Thursday, March 26th. We will be meeting at 11.00am for a walk at College Lake (Upper Icknield Way, Bulbourne, Tring, HP23 5QG). This is a nature reserve created from a chalk quarry, with evidence of the industrial past - and a very pleasant cafe! There will be a 15-minute introductory talk before we set off around the lake at our own pace. Please wear suitable clothing / footwear for the weather and footpaths. The planned visit on Thursday 30th April to the Maidenhead Heritage Centre has been cancelled due to the current health issues.

### Musical Appreciation

**Jim Wilding (01296 623628)**

I regret that I have had to cancel our meeting scheduled for 24<sup>th</sup> March due to the Coronavirus and the vulnerability of your

hosts due to their pre-existing conditions. Normal service will resume once the threat has passed.

### Pétanque

**David Mummery (01296 580714)**

The weather is looking good for a start in April. Previous members will be advised of dates by email/phone. Others wishing to join should phone/email to be added to the people who have previously played.

### Photography

**Jane Elliston (01296 426892)**

Photography next meet at Jane's house to view photos and set next challenge on 9th April at 10:00. We do have spaces and you are most welcome to come along and see what we get up to. Please phone Jane to let her know if you are coming and she will put an extra cup out ready.

### Pub Walks

**Jan Paver (01296 422296)**

With regret, this activity is postponed until further notice due to current health issues.

### Quiz Group

**Ann Burman (01296 422084)**

The meeting on Tuesday 17<sup>th</sup> March has been cancelled due to current health issues.

### Singing for Fun(with Aston Clinton U3A)

**Margaret Barker (01494 864812)**

This group meets 2nd Wednesday in the month 10.30 a.m. in Halton Village Hall.

### Ten Pin Bowling(Aylesbury Vale U3A)

**Michael Walden (01844 291617)**

This group meets every Monday 10a.m. at "The Rogue Bowling Centre" in Gatehouse Way. Cost is £4 per game (normally £5).

### Transport History

**Jim Wilding (01296 623628)**

I regret that I have had to cancel our meeting scheduled for 24<sup>th</sup> March due to the Coronavirus and the vulnerability of your hosts due to their pre-existing conditions. Normal service will resume once the threat has passed.

### Yarn Crafters

**Jasmine Reeks (01296 482735)**

Due to the current health issues, all future meetings have been cancelled until further notice.

### **Next Contribution Date**

**Friday 10<sup>th</sup> April**

**Group leaders are reminded that they should send their contributions to the webmaster April Smart in addition to the editor, so that the information can be updated on the website**

## **U3A Trip to Arundel Castle 23<sup>rd</sup> April**

Sadly, the trip has been cancelled due to the health issues. It is highly likely that the trip to Stowe on Wold will also be cancelled.

## U3A Holiday to Avon & Cardiff

The Final Payment for this holiday is to be sent to Motts by 9th April 2020 but discussions are taking place with Motts / hotel. Further details will be passed on as soon as they are available.

## Aylesbury Vale U3A Trips

**Wednesday, 1st.April** for "A day in Canterbury", costing £31 per person (which includes entry to the Cathedral)–seats available. **Monday, 4th.May** to Petworth House (National Trust) and the City of Guildford, costing £16 pp - seats available. Contact DanMcGregor via [outings@avu3a.org.uk](mailto:outings@avu3a.org.uk) or phone 01296582054 for the necessary details.

## CYBER-CRIME STUDY DAY

Wednesday 8th April 2020, from 10:30 – 16:00

King's Church Amersham, Raans Road, Amersham HP6 6LX

The day is intended to help you protect your internet-connected devices; your on-line identity and footprint.It's led by Mr. Mark Godsland CISMP, the Cyber Protect Officer for Thames Valley Police.

### PROVISIONAL PROGRAMME

10:30 Registration and tea / coffee

11:00 Protecting your internet connected devices. 45 minutes plus questions

12:00 Protecting your online identity / digital footprint (bring along your working and data connected smartphones or tablets, for audience participation). 45 minutes plus questions.

13:00 Lunch

14:00 Interactive case study of identity theft and a fraudulent account. 45 minutes plus discussion.

15:00 Open question and answer session. 45 – 60 minutes. You are invited to submit questions in advance to [u3acyberday@chiltern-u3a.org.uk](mailto:u3acyberday@chiltern-u3a.org.uk).

Tea / coffee on arrival and a sandwich lunch are included in the cost of the study day (£16). Please note that the registration fee covers venue hire and refreshments only; Mr. Godsland is not charging for his time or travel expenses. Application forms can be obtained from our Secretary David Mummery who is prepared to arrange Car-Share to Amersham.

**THE CLOSING DATE FOR APPLICATIONS IS MONDAY 6th April 2020**